

## Spirithon Charity 2025 Challenge

Join us in a **5-day challenge** to engage your body, mind, and spirit through Scripture memorization, physical exercise, and prayer.

Memorize 1 Bible verse daily



Exercise for 15 minutes each day



**FLIVE** •

**Our Goal** 



October, 2025 10/6 (Mon) - 10/10 (Fri)



Post your updates on IG or Facebook to inspire others



Invite others to support you through donations to LSI



Registration fee \$10

A special handmade Kyrgyz gift for you!

Grow spiritually













